



REACH
Employee Assistance & Work Life Services



Service Points to Remember...

- REACH is confidential
- There is no charge to you
- It is available for you and your immediate family members' problems that are too difficult
- Easy access to set up a counseling appointment
- Immediate phone access to a professional counselor 24 hours, 7 days a week

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1-800-273-5273

Crisis Line - 24/7 hours
info@reachline.com

www.reachline.com

**Caring Confidential Assistance
is in REACH**



What Is REACH?

REACH is your employee assistance and work/life service contracted by your employer as a benefit for you and your immediate family. The REACH staff are licensed/Certified Employee assistance Professionals that provide short term counseling assessment, referral and follow-up.

Why REACH Assistance?

We all experience personal and work related stressors at one time or another. Your employer cares that you get the right type of assistance for these problems. REACH has been contracted to confidentially give you immediate assistance and referral that will help you toward problem resolution.

What REACH Assistance?

REACH can assist you with all kinds of problems and work related stressors. The most common are:

- Relationships: Family, Marital, Child
- Addictions: Substance Abuse, Internet, Sex, Gambling
- Emotional: Depression, Anxiety, Stress, Loss
- Workplace: Co-worker, Supervisor,
- Legal: Family, Personal Injury, Will, Criminal
- Financial: Debt, Credit, Budgeting, Retirement
- ElderCare: Caregiver, Retirement, Home Care
- Parenting: Single, Step, New

How Do I Contact REACH?

To make an appointment, talk to a counselor by phone or inquire about our services, call 1-800-273-5273. For crisis situations, access to a professional counselor is available by phone 24/7. For non-emergency needs, call during regular business hours: 8 a.m. to 5 p.m. Monday through Friday, or by email at info@reachline.com

Are Services Free?

Yes. All services provided by REACH are prepaid by your employer for you and your dependents. However, if continued treatment or a referral is recommended by the REACH staff, you will be responsible for any additional expenses. In many cases your health care insurance will cover part or all of that cost. The REACH staff will discuss costs with you and will ensure that you get the help you need.

Are Services Confidential?

Yes. By law and professional ethical code, you can be assured that all information given to REACH by phone or in session will be afforded the maximum confidentiality. The exception would be only by law where danger to self or others may mandate reporting.

What Online Services?

REACHline.com provides Self-Assessment Tools, Online Magazine, Links to Work/Life Skill Resources, and Access to REACH assistance. Click away!

1. Go to **www.reachline.com**
2. Click " **Members** " top left tab
3. Enter password: **reach**
4. Click on any areas desired